

Best for Women

President **Deborah Horn** Email: nwwahine@comcast.net Phone: 475-3733 or 698-1941 **President Elect Jackie Fojtik** Email: |ackie.fojtik@seattleredcross.org **Phone:** 478-7691 or 692-8654 **Recording Secretary** Wanda Moore Email: wandam@kitsapcu.org Phone: 662-2138 or 779-7231 **Corresponding Secretary Kassie Korich** Email: editor@bremertonpatriot.com Phone: 308-9161 or 779-6363 Treasurer Janelle Cain Email: janellecain@aol.com Phone: 377-3836 or 710-2745 **Assistant Treasurer** Jenny Elliott Email: jelliott@kitsapbank.com Phone: 876-7825 or 895-0449 **Program and Committee Chairs** Director Fawn Langdon Email: flangdon@reidrealestate.com **Phone:** 471-4549 Director Cristen Nolan Email: W013MKT03@costco.com

Phone: 692-1140, ext. 1 or 373-7220 Past President Mourine "Mo" Anduiza

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Soroptiflash

Soroptimist International of Greater Bremerton Area November 2009

President's Message

The Gift of Gratitude

Last week I had the pleasure of representing SIGB at the District 1 Meeting in SeaTac. The theme of the meeting--*The Gift of Soroptimist*--resonated with me in so many ways. Yet as we received all of the gifts given there (see separate story in this issue), I thought about yet another--the gift of gratitude.

Webster defines gratitude as "the quality or feeling of being grateful or thankful." One of my favorite quotations about gratitude comes from Melody Beattie, a best-selling author and journalist from Southern California who says, "Gratitude unlocks the fullness of life. It turns what we have into enough, and more. It turns denial into acceptance, chaos into order, confusion into clarity. It turns problems into gifts, failures into success, the unexpected into perfect timing, and mistakes into important events. Gratitude makes sense of our past, brings peace for today, and creates a vision for tomorrow."

In my own life, I am thankful for the beauty and splendor of autumn days...watching brightly-colored leaves turn and fall to the ground...feeling the briskness of those colder mornings upon my face...and experiencing the warmth of sweaters, socks and mugs of hot chocolate, cider and homemade soups. I am appreciative of the opportunities and friendships I have through my service and leadership in Soroptimist. I am grateful for my job, my home and most importantly the love and support of my husband, my children and my family.

During this special time of year, I encourage you to reconnect with what's truly important in life--the everyday blessings that are ever-present and ever-sustaining. Happy Thanksgiving!

Deborah

Meetings are 11:30 am to 12:30 pm Family Pancake House – 3900 Kitsap Way – Cost \$12 (unless otherwise noted)

Reservations and regrets:

Please call Jenny Elliott at home (360-895-0449) by the Sunday evening before each Tuesday meeting, including board and business meetings. Jenny's email is: jelliot@kitsapbank.com or elly2007@msn.com

If Jenny is on vacation, she will leave a message on her phone to call Janelle Cain regarding your reservation.

Janelle's number is 275-3405 and her email is: janellecain@aol.com

Date	Type of Meeting	Menu Selections	Notes
November 10	Program	Grilled Cheese Sandwich on Wheat w/ Cup of Soup (Maybe Tomato Soup)	Cynthia Engelgau, Bremerton Parks Update, Including NAD/SIGB Park
November 17	Business "IN" Service	Very Berry French Toast topped with strawberries & blueberries, two strips of bacon	Send Hunger Packing Food Drive For Local Food Banks
November 24	THANKSGIVING HOLIDAY	NO MEETING	
December 1	Board Meeting @ American Red Cross	Bring your own lunch	
December 8	Program	Chicken BLT Salad w/choice of dressing	Sgt. Wendy Davis, Bremerton Police Department, Keeping Safe
December 15	Holiday Celebration	Special Menu	Project/Program TBA
December 22 –	NO MEETINGS-		
January 4	HAPPY HOLIDAYS!		
January 5, 2010	Board Meeting @ American Red Cross	Bring your own lunch	

Mailing address: SIGB PO Box 31 I Bremerton, WA 98337 Club email: sigreaterbremerton@soroptimist.net

Members Receive the "Gifts of Soroptimist"

184 members and guests attended the 56th SI District 1 Meeting in SeaTac from October 30-November 1. Six members represented SIGB--Deborah Horn (President), Jackie Fojtik (Delegate), Janelle Cain, Pat Degracia, Wanda Moore and Sharon Weathers. Highlights of this fun and informative meeting include:

- *Gift of Learning:* In this opening general session, the District conducted its Business Meeting, elected Gaye Litka (SI-Oak Harbor) as the District 1 Secretary, and presented reports from Northwestern Region officers, Nominating, Fundraising, Bylaws and Region Website committees. Attendees participated in a fun learning activity on member recruitment and retention, where SIGB forecasted itself as a "sunny and hot" club.
- *Gift of Wisdom:* This luncheon session offered a keynote address on the "Gift of Well Being" by Dr. Karen Carbone of SI South Whidbey and committee reports on Women's Health, the Ruby, Women's Opportunity, Violet Richardson and Fellowship awards. First time attendees dined with NWR and District leaders.
- *Gift of Knowledge:* A full afternoon of workshop sessions covered informative professional, personal and club management topics on public speaking, resources for club officers, the Spring 2010 NWR Conference in Alaska, group facilitating, strategic planning and meditation. At the Area Representatives meeting, club reps talked about the next Olympic Peninsula Area Meeting, tentatively scheduled for March 6, 2010.
- *Gift of Friendship:* The social hour leading up to the ZomBee Ball found costumed Soroptimists doing one of their favorite things--shopping at Tell and Sell. Clubs were recognized for their Renaissance Campaign (Public Awareness, Membership, Fundraising and Program) work during the 2008-09 year. SIGB was recognized for active participation in all four campaign areas and brought home five award certificates. It was an evening of good food, great conversation and fun entertainment!
- *Gift of Giving:* Sunday's breakfast session included the presentation of donated baby and personal hygiene items to the Domestic Abuse Women's Network. Special thanks to Rita Hoak and other SIGB members for their contributions.
- *Gift of Good Neighbors:* The closing session offered inspirational presentations by Angela Bunting, Western Canada Region Governor, on programs and activities of the 20 clubs in her region and by Sharon Fisher, SIA President Elect, on SI's Quadrennial Project SIerra in Sierra Leone. There also were reports from the Public Awareness, Stop Trafficking, Grant of Friendship, Imagine Life without Violence, Finance, Membership, Venture and Site Selection committees. To view the weekend highlights, visit the "parting gift" shared with attendees at

http://www.youtube.com/watch?v=rtXe_c1QyoY.



<u>The 2009-2010 Kitsap Card</u> the Best Everyday Savings Card will be arriving November 6th 2009! *ONLY \$25.00*

(You pay NO TAX because we are a non-profit)!

SIGB members will be selling the Kitsap Card on behalf of Soroptimist International of Greater Bremerton We raise \$\$\$ to benefit women and girls in Kitsap County Help us raise funds and support this important cause!

E-mail your orders today to reserve your copies and they will be delivered to you!

They make great holiday gifts for your babysitter, dog sitter, housekeeper, hairdresser, barber,

and all the other special people in your life

Ask for a brochure listing all the retailers in Kitsap County for your office or workplace!

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Soroptimist Intentional of Greater Bremerton will host a Happy Holidays Market Place, December 10th, 5:00-7:00 at the Girl Scout Peninsula Program Center, 1600 Winters Road, just north of Bremerton on Highway 303. Businesses, organizations and individuals are encouraged to display and sell their items and ideas in this beautiful, relaxed setting, just in time for holidays! The event is sponsored by the SIGB membership committee as an after-hours networking activity for members and their friends/family/associates. Tables are available: \$15 for SIGB members, \$25 for others. To reserve a table email: jackiefojtik@comcast.net. See you at the Market Place!

Program & Committee Chairs

Program-Women's Opportunity Award: Wanda Moore

Program-Violet Richardson Award: Rita Hoak

Program-Ruby (Making a Difference for Women) Award: Marcia Baker

Program-Pro Tech Award: Wanda Moore

Membership Committee: Mo Anduiza

Grant of Friendship: Jackie Lewis

Service Committee-Mission: Janelle Cain

Service Committee-Mission In-Club: Denise Badger

Service Committee-Club Awards: Jackie Fojtik

Ways & Means-Auction: Pat Degracia

Ways & Means-West Sound Women's Show: Katie Brigati

Ways & Means-Kitsap Card: Greta Weingast

Finance Committee: Janelle Cain and Jenny Elliott

Newsletter: Gayle Thomson

Bylaws/Procedures Committee: Mo Anduiza

Internet Coordinator: Jenny Elliott

Stop! Before you throw away that "pink" **Yoplait** lid...Clean them, save them and then turn them into RITA HOAK and she will collect and mail them to the organization to help

fight breast cancer. Please deliver them to Rita by December 1, 2009. Thank you!

IN THE NEWS

Paste the Bremerton Patriot link below to the into your web browser to view a great article on the Auction/Mystery Dinner! Thanks to Kassie and Rachel from our fantastic local news group!

http://www.pnwlocalnews.com/kitsap/pat/news/64567637.html

Got something good for **Soroptiflash?**

Publication deadlines are:

Nov. 24, 2009 Dec. 29, 2009 Jan. 29, 2010 Feb. 26, 2010 Apr. 2, 2010 Apr. 30, 2010 May 28, 2010

Please email your submissions to: gaylet@kitsaptransit.com by the dates above.

SAVE THE DATE ...

December 10 - Happy Holidays Market Place, 5:00-7:00 at the Girl Scout Peninsula Program Center, 1600 Winters Road, Bremerton

March 13, 2010 - West Sound Women's Show at Kitsap Fairgrounds President's Hall

April 23-26, 2010 - Northwest Region Conference in Anchorage, AK

Dear Filting, The 2009-2010 Kitsap Card

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E-mail your orders today to reserve your copies and I will deliver them to you!

They make great holiday gifts for your babysitter, dog sitter, housekeeper, hairdresser, barber, and all the other special people in your life

Ask me for a brochure listing all the retailers in Kitsap County for your office or workplace!

SIGB MEMBER'S NAME & CONTACT INFORMATION HERE

2010 KITSAP CARD ADVERTISERS

RESTAURANTS & FOODS

AMY'S DECADENT CHOCOLATES ARBY'S ARAWAN THAI CUISINE AUSTIN CHASE COFFEE AZTECA MEXICAN RESTAURANTS BASKIN ROBBINS BOAT SHED RESTAURANT BONNEY'S CAFE **BREEZY HILL BISTRO** BURGER KING **BUSBY'S BURGERS & O** CAFE AT BREMERTON LANES & CASINO CAFFE PERFETTO ESPRESSO CASA LUNA MEXICAN RESTAURANT CINNABON COLD STONE CREAMERY CORNERSTONE COFFEE DAIRY QUEEN DOMINO'S PIZZA EL HUARACHE MEXICAN RESTAURANT EL SOMBRERO MEXICAN RESTAURANTS EMERALD CITY SMOOTHIE EXPRESS ESPRESSO FAMILY PANCAKE HOUSE FIESTA MEXICAN RESTAURANTS FREEDOM CAFE AT LEGEND HARLEY GARGUILE'S RED APPLE MARKET GINO'S GOLDEN GRILL RESTAURANT OF SILVERDALE GROCERY OUTLET HONEYBAKED HAM CO. & CAFE **IHOP RESTAURANT** JOSEF'S WATERFONT GRILL KATE'S JERSEY SUBS LIFE'S A GRIND ESPRESSO LOFT RESTAURANT LOS CAZADORES MEXICAN RESTAURANT MAD MOOSE PIZZA MANDARIN CHINESE RESTAURANT MATTIOLI PIZZERIA MAXX NUTRITION ORGANIC SMOOTHIES MCDONALD'S MCKEAN'S CAFFEINE NOAH'S ARK RESTAURANT **OLYMPIC COFFEE** ORIGAMI SUSHI PANDA INN RESTAURANT PAPA JOHN'S PIZZA PAPA MURPHY'S PIZZA **PAT'S RESTUARANT & BAKERY** PIZZA FACTORY PIZZA HUT **POPEYE'S CHICKEN & BISCUITS** POULSBO PERK ESPRESSO PUERTO VALLARTA MEXICAN RESTAURANTS **OUIZNOS SUBS RALPH'S RED APPLE MARKET**

RESTAURANTS & FOODS

ROUND TABLE PIZZA SHEILA'S PORT SIDE RESTAURANT & BAR SILVERDALE RED APPLE MARKET SMOKEY'S BAR-B-QUE & ANGUS STEAKHOUSE SUBWAY SANDWICHES TACO DEL MAR TAQUERIA LOS CAZADORES OF BREMERTON THE PATIO RESTAURANT THE TOAD HOUSE PIZZA PUB VICTORIAN ROSE TEAROOM WESTSIDE PIZZA OF BREMERTON YACHT CLUB BROILER

AUTOMOTIVE, MOTORCYCLE & RV

AFFORDABLE RV REPAIR BAY FORD HASELWOOD GM SUPERSTORE HEARTLAND TOYOTA/SCION JIFFY LUBE LEGEND HARLEY-DAVIDSON LIBERTY BAY TRANSMISSION/AUTO REPAIR MEINEKE CAR CARE CENTERS PENINSULA SUBARU PENINSULA SUZUKI SILVERDALE AUTOWORKS WESTBAY / NAPA AUTO PARTS WEST HILLS CHRYSLER/JEEP/DODGE WEST HILLS HONDA WEST SOUND AUTOMOTIVE

ENTERTAINMENT, FITNESS & SPORTS ALL STAR LANES

BALL PARK BATTING **BREMERTON COMMUNITY THEATRE BREMERTON ICE CENTER BREMERTON LANES & CASINO BREMERTON TENNIS/ATHLETIC CLUB** CSTOCK COMMUNITY THEATRE **CLAYWERKS CERAMICS & POTTERY STUDIO** CURVES FOR WOMEN EXPANSIONS YOGA HI JOY BOWL KITSAP MALL AMC THEATRES NORTHWEST GOLF RANGE OLYMPIC CINEMAS **ORCHARD THEATER** POULSBO CINEMAS **ROZE-EL STABLES** SILVERDALE CINEMAS SKATELAND SOUTH SOUND CINEMAS TIMBER FALLS MINI GOLF

CHILDREN

BELLA LUNA BOUTIQUE POSSUM'S BOUTIQUE RUMPLE NEW SKINS

BOOKS/GARDENING/GIFTS/JEWELRY

JEANETTE'S OLD TOWN FLOWERS LIBERTY BAY BOOKS MCBRIDE'S HALLMARK SCENTSY WICKLESS CANDLES SPRINGHOUSE DOLLS & GIFTS TWO SISTERS FINE JEWELRY VALLEY NURSERY

PERSONAL & HEALTH CARE

ACUPUNCTURE & PAIN MANAGEMENT CLINIC JOHNSON CHIROPRACTIC CLINIC KITSAP BEAUTY & BARBER KITSAP BEAUTY SUPPLY MASSAGE @ OLSEN CHIROPRACTIC MAXX NUTRITION OLD TOWN MASSAGE OLVERA'S THERAPEUTIC MASSAGE SEAPORT SALON & DAY SPA

ARTS/CRAFTS/SEWING/YARN/PHOTOGRAPHY

A GOOD YARN SHOP ARTISTS' EDGE PACIFIC FABRICS & CRAFTS PHOTO DYNAMICS RUBBER SOUL SCRAPBOOK ZONE VICTORIA'S PHOTOGRAPHY

HOME & BUSINESS SERVICES

FEDEX OFFICE FOUR SEASONS POOLS & SPAS KITCHEN KAROUSEL KITSAP GARAGE DOOR CO . NATURALIST CARPET CLEANING PAK MAIL CENTERS QUALITY HEATING & AIR CONDITIONING TELEBYTE NORTHWEST INTERNET

APPAREL & CLOTHING CARE

BELLA LUNA BOUTIQUE BIG HUGS WOMEN'S PLUS SIZE CONSIGNMENT HARRISON'S COMFORT FOOTWEAR MOTORCLOTHES AT LEGEND HARLEY OLD TOWN CLEANERS SUPER CLEANERS WALK 'N COMFORT SHOES