



*Inside this issue:*

Facing Facebook	1
Reaching Higher	2
Milestones	3
Events	3
Newsletter News	4
New Girls Program	4



**FACING FACEBOOK**

Have you visited the NWR Facebook recently? **Becky Taft**, has been busy posting photos reflecting the many ways members throughout NWR are lifting us higher. Check it out! <https://www.facebook.com/pages/Soroptimist-Northwestern-Region/114263771950897>  
**And LIKE us!**



**From the Heart of the Governor**

With summer winding down, clubs are busy preparing for fall activities that will keep the sun shining brightly on Soroptimist and warm many a heart. It's a good time to allow our enthusiasm for the mission and vision of Soroptimist to "bubble up" as we lift others higher.

My family was recently vacationing in northern California when the Napa Valley earthquake rumbled us awake. Being 50 miles from the epicenter protected us from its devastating effects, but for those less fortunate it was great to see how volunteers immediately came forward to help. Seizing opportunities for service is good for the heart and lifts us higher.



During our visit, I had the opportunity to stop in and visit the Charles Schulz museum in Santa Rosa. I couldn't resist getting a snapshot in Lucy's famous psychiatrist booth where she is known for her 5 cent advice. In the

spirit of Lucy and the Peanuts gang, I want to offer five cents (or pieces) of advice.

First, be sure your **SIA Club Email account is active** and that you are checking it regularly. It's critical that clubs stay in the information loop. Second, access and implement the "**Club Roadmap for Success for 2014-15**" in your annual planning and goals and have a strategic plan. Third, host a **recruitment event** early to boost your membership numbers, enthusiasm, and volunteer power. Fourth, look at the various deadlines on the SIA Club Calendar. Of importance is the new **Live Your Dream Award deadline of November 15<sup>th</sup>**—a month earlier than in the past. And, fifth, review the **Dream it, Be it** materials found on the SIA website and begin developing a club plan for participating in this exciting new "dream" program.

With the District Meeting Calls posted, it means "Soroptoberfest" is right around the corner. Be sure to note the early bird registration date for your district and get registered before the registration fee goes up. It's been exciting to see the preparations and creativity of your district leadership and meeting teams. The region officers look forward to seeing as many of you as possible as we learn, laugh, and share with one another. See you soon!

*~Carol Hansen, Governor*

## KUDOS

ORNER



## Kudos Korner

The Kudos Korner is Open and waiting for you to share! This is for giving a 'shout out' to a specific group/person. It is a place to mention members who have let their Soroptimist spirit shine and have made a difference. Submit your Kudos to: [nwrsia@gmail.com](mailto:nwrsia@gmail.com). Be sure to include KUDOS in the subject line of the e-mail.

"If you want to accomplish the goals of your life, you have to begin with the spirit."

~Oprah Winfrey



## Reaching Higher

September is the traditional time for back to school. This article seemed quite appropriate for our September Reaching Higher.

### Email Contest—Part 2

The SIA website has a roster of all current members—some do not show an email address.

Part 2 of the Email Contest is for clubs to have a valid email address listed on the SIA website for all of their members.

On **October 1** an email will be sent to all designated club email accounts outlining the rest of the details. Be sure your club's email account is working so you can be part of the contest!

Club members can follow the link below to edit their profile and email address or they can send a 5010 change form to SIA. <http://www.soroptimist.org/members/membership/updateprofile.html>

### SI SEQUIM LEAVE A (book) MARK

Several members of **SI Sequim** shared the **Teen Dating Bookmark** during a meeting with local school administrators. It was well received. Soon after the meeting, a teacher at Sequim High School asked if she could have more bookmarks. The information was also given to the Assistant/Vice Principal of Sequim Middle School.

SI Sequim's action—of presenting the bookmarks and other girl-focused information—created a ripple effect. It spurred the local educational system to use the bookmarks to help educate the girls. It also shows how SI Sequim is **reaching higher** to live the Soroptimist mission. You can find the bookmarks and info about the Teen Dating Violence Project on the SIA website: [http://www.soroptimist.org/members/program/program\\_tdv.html](http://www.soroptimist.org/members/program/program_tdv.html).

All clubs are encouraged to use the many tools already prepared for us.



"It is through accomplishment that man makes his contribution and contribution is life's greatest reward."

~John Portman

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## Milestone Mentions

What Milestone is your club experiencing? Write and tell us!

This month **SI of Junction City, OR** celebrates **45 years! Congratulations!**

Send your Milestone Mentions to **nwrsia@gmail.com** along with **MILESTONE MENTIONS** in the subject line of the e-mail.



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## Events

**SI Lake Oswego/West Linn** presents our **4th Annual Harvest Festival** on **Saturday September 13, 2014** from **3pm–8pm**. It is a fun event for the entire family. Admission is \$10 for ages 13 and up, \$5 for ages 2-12 and children under 2 are free. Admission includes unlimited fun in the hay mazes, hay rides, live music & dancing, cowboy grub, cake walk, giant bouncing pillow. Raffles and more.

Location is Lee Farms, located at 21975 SW 65th Ave., Tualatin, OR. Tickets available at the door or in advance!! Call 503-347-8723

## What's Happening



**SI Portland** is having its annual fundraiser on **Saturday, October 4, 2014**. It is our **18<sup>th</sup> annual Silent Auction and Dinner** at the Sheraton Portland Airport Hotel. Join us for some fabulous baskets to bid on as well as some exciting oral auction items—from hotel stays to Trailblazer tickets—all from **5pm to 9pm**. We will have entertainment plus a store for shopping, and fun raffles. Cost is \$60 per person. Contact Linda Raethke at [linda\\_linda@comcast.net](mailto:linda_linda@comcast.net) or 503-657-3052 for tickets and information.

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Businesses around Helena are serving as drop-off points for gently used bras for **Soroptimist International Heritage Club of Helena** to donate to Free the Girls, a nonprofit organization that benefits sex-trafficking victims. [http://helenair.com/news/local/boxes-of-bras-at-local-businesses-will-benefit-sex-trafficking/article\\_0f7b44a6-da5c-11e3-a8a9-001a4bcf887a.html](http://helenair.com/news/local/boxes-of-bras-at-local-businesses-will-benefit-sex-trafficking/article_0f7b44a6-da5c-11e3-a8a9-001a4bcf887a.html).

Our count is currently at 715 bras. We also did a recorded TV program on our public channel called Community Pulse. We had bras hanging all over and even off trees. It was super!! We also have a DVD of it. We have done numerous tapings on this program for the Trafficking movie we show to the public in January each year.



Send your Event information to **nwrsia@gmail.com** along with **EVENTS** in the subject line of the e-mail.

## Region and District Leadership 2014-2016

Governor **Carol Hansen**  
(SI of Pasco-Kennewick)  
Governor Elect **Stephanie Smith**  
(SI of Oak Harbor)  
Region Secretary **Marti Crook**  
(SI of McMinnville)  
Region Treasurer **Carla Tucker**  
(SI of Burlington)  
Dist 1 Director **Nancy Buechner**  
(SI of Friday Harbor)  
Dist 1 Sec **Renee Recker**  
(SI of Oak Harbor)  
Dist 2 Dir **Dawn Christiansen Cuellar**  
(SI of Lake Oswego/West Linn)  
Dist 2 Sec **Theresa Heidt-Vanderschoot**  
(SI of McMinnville)  
Dist 3 Dir **Tamra Smrekar**  
(SI of Newport)  
Dist 3 Sec **Kathi Hanson**  
(SI of Three Rivers)  
Dist 4 Dir **Melissa Domme**  
(SI of Helena)  
Dist 4 Sec **Cindy Zimmerman**  
(SI of Helena)

### Due Date:

Submissions to The Soroptimist WOMAN are due by the first of the month. Publication is distributed by the 10<sup>th</sup> of the month.

## Newsletter News

This is the second issue of the *The Soroptimist WOMAN!* We've received a few submissions from members in the region—and we thank you! We welcome more of your input. We invite you to share your ideas, suggestions or comments about the newsletter, and the NWR website. Below are some comments we received about the newsletter. Send your submissions to [nwrsia@gmail.com](mailto:nwrsia@gmail.com).

My heartfelt thanks and congratulations to the Northwestern Region Public Awareness Team on the beautiful new newsletter. The design is beautiful, the content wonderful, exciting, and uplifting. Congratulations on a job well done!

Jane Foreman,  
*SI Pasco-Kennewick*

Thanks so very much,

I've received and opened the newsletter. Looking forward to reading and possibly *stealing* some of your team's ideas for our monthly newsletter . . . yup, this year I volunteered to be *editor*, for lack of another title!! Again, thank you for taking the time.

Linda Heaton  
*SI Auburn*

Hello Newsletter Folks,

Hope all is going well and you enjoyed your summer. I love the newsletter. Good Job!

Thanks so much,  
*Melinda Wittman*  
*SI Lake Oswego/West Linn*

I send this heartfelt congratulations for the Soroptimist NWR Volume 1, Issue 1 newsletter. I loved the energy generated from every page that just jumped out and grabbed you. The colors, graphics, quotes and articles reveal all the talent that made this happen. Keep up the great work and know how much it is appreciated.

Colleen Blazier  
*SI Sequim*

## Leading with Leadership—New Girls Program



The new Soroptimist global program for girls was launched at the July SIA convention in Vancouver, BC.

The goal of the new program, *Dream It, Be It: Career Support for Girls*, is that through education and access to role models, girls will be empowered to pursue their career goals and reach their full potential. Surveys, interviews and focus groups conducted by SIA concluded that girls in secondary school need access to mentors and trusted adults who can share their knowledge and experience.

The curriculum will cover career opportunities, setting and achieving goals, overcoming obstacles to success and moving forward after setbacks or failures.

During the 2014-2015 club year, clubs will focus on the new program by forming a committee made up of passionate, dedicated members to drive the planning, implementation and evaluation of the project. Step-by-step instructions are available in the **Dream It, Be It Club Planning Toolkit** at <http://www.soroptimist.org/members/program/career-guidance-girls.html>. There are FAQ's and other program tools on the [soroptimist.org](http://www.soroptimist.org) website...click on Resources Information and Forms, Programs, and Dream It, Be It.

Start today to form your committee and conduct a community assessment. Let Our Love Lift us Higher as we help the girls reach their potential and live their dreams.

~Wanda Costi, *SI Portland, Dream It, Be It Chair*